

The International Anxiety & Trauma Conference

Courtyard Surfers Paradise Resort Hotel - Gold Coast Australia AUGUST 10, 11 & 12 2001

Programme

Friday Afternoon 10 August

Workshops

1-5pm Biofeedback for Anxiety
Prof Chris Sharpley (BU)

1-3pm Cognitive Behaviour Therapy for Anxiety Disorders
Mr Paul Rushton (IMHS)
Hypnotherapy for Anxiety
Dr Norm Barling (BU)

3-5pm Interpersonal Therapy for PTSD & Social Phobia
Dr Michael Robertson

3-5pm Cognitive Behaviour Therapy for PTSD
Dr Michael Free (GU)

Saturday 11 August

8.45-9.00am Official Opening

Morning Plenary Sessions

9.00-10.30am
Neurobiology of Anxiety Dr Nicholas Potts (UA)
The Landscape of Anxiety Disorders in Australia
Dr Lisa Lampe (UNSW)

10.30-11.00am Morning Tea

11.00-12.30pm
Update on Drug Treatment of Anxiety Disorders
Prof John Tiller (UM)
Physical Health Consequences of Anxiety
Prof Chris Tennant (SU)

12.30-1.30pm Lunch

Afternoon Parallel Sessions

1.30-3.00pm
Session 1
Anxiety Disorders in Children & Adolescents
Prof Barry Nurcombe (UQ)
Anxiety in the Workplace Prof Larry Evans (UQ)

Session 2
Psychotherapy for Anxiety Disorders A/Prof David Kavanagh (UQ)

Functional Analytic Therapy for Anxiety Ms Vicki Bitsika (BU)

3.00-3.15pm Afternoon Tea

3.15-5.00pm
Session 3
Anxiety in the Elderly A/Prof Gerard Byrne (UQ)
Comorbid Anxiety & Substance Abuse Prof John Saunders (UQ)

Anxiety & Depression in Psychosis Prof Nicolas Keks (MU)

Session 4
Panic Disorder Dr Nola Rushford (UM)
Computerised/Online Treatments Prof Ken Kirkby (UT)

Sunday Morning 12 August

Symposium - Trauma and Anxiety Disorders

9.00-10.30am
Post Traumatic Illness: A Clinical Update
Prof Sandy McFarlane (UA)
The Consequences of Childhood Abuse
Prof Barry Nurcombe (UQ)

10.30-11.00am Morning Tea

11.00am-1.00pm
The 'Stolen Generations' and Post Traumatic Illness
Dr Leon Petchkovsky (IMHS)
Psychological Treatments for PTSD
A/Prof Richard Bryant (UNSW)
Drug Treatments for PTSD Prof Sandy McFarlane (UA)
Prevention of Post Trauma Syndromes
A/Prof Justin Kennardy (UQ)

Key: UA: Uni Adelaide; BU: Bond Uni; UQ: Uni Queensland;
UT: Uni Tasmania; US: Uni Sydney;
UM: Uni Melbourne; UNSW: Uni New South Wales; IMHS:
Integrated Mental Health Service Qld

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